



Medicare Supplement Insurance Application Transmittal Form

Please fill out the following fields:

Selling agent name

Selling agent number

Agent telephone

Agent email

Submitting Medicare Supplement applications to Allstate Health Solutions is easy. Here's how:

1. **Download the appropriate application.** Fill it out with your client.
2. **Submit the completed application.** There are 3 ways to submit paper Medicare Supplement Insurance applications. **MAKE SURE YOU INCLUDE THIS COVER LETTER, INCLUDING YOUR INFORMATION.**

1. **Mail:**
Allstate Health Solutions
PO Box 95464
Cleveland, OH 44101
2. **Email (scanned apps):**
Send to NPSMedicareSuppApps@NGIC.com
Please be sure to send securely.
3. **Fax:**
(888) 344-3232

For status updates and/or confirmation of receipt, call Agent Services:
(888) 966-2345 (Monday-Friday, 7:00 a.m. - 4:00 p.m. Central Time).

Allstate Health Solutions is a marketing name for products underwritten by American Heritage Life Insurance Company.

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Application for Medicare Supplement Insurance

American Heritage Life Insurance Company

1776 American Heritage Life Drive, Jacksonville, FL 32224

Toll-free telephone: (888) 966-2345 • www.Allstatehealth.com • NPSMedicareSuppApps@ngic.com • Fax: (888) 344-3232

New Business Conversion Reinstatement

Section A. Applicant Information			
First Name	Middle Name	Last Name	
Social Security Number	Date of Birth ____ / ____ / ____ (mm/dd/yyyy)	<input type="checkbox"/> Male <input type="checkbox"/> Female	
Residence Address	City	State	Zip Code
Mailing Address (if different)	City	State	Zip Code
Telephone Number <input type="checkbox"/> Home <input type="checkbox"/> Mobile <input type="checkbox"/> Work	Email Address		
I agree to receive my certificate and any other plan documents or correspondence electronically: <input type="checkbox"/> Yes <input type="checkbox"/> No You may withdraw this consent or update this information at any time by contacting us at PO Box 2070, Milwaukee, WI 53201-2070 or 888-966-2345. If you answer "No" to this question, written communication will be provided in paper form.			
Applicant's Height ____ ft ____ in		Weight ____ lbs	
When last have you used tobacco in any form, or used nicotine products including a patch, gum, or electronic cigarettes? ____ / ____ (mm/yyyy) <input type="checkbox"/> Never			
Section B. Plan Information			
Did you first become eligible for Medicare due to age, disability or end-stage renal disease prior to January 1, 2020? <input type="checkbox"/> Yes <input type="checkbox"/> No			
Plan Applied For: <input type="checkbox"/> Plan A <input type="checkbox"/> Plan F* <input type="checkbox"/> Plan High F* <input type="checkbox"/> Plan G <input type="checkbox"/> Plan N *Plan F and Plan High F only available to applicants eligible for Medicare prior to 2020.			
Have you lived with any of the following people for the past 12 months and still live with them currently? <input type="checkbox"/> Yes <input type="checkbox"/> No <ul style="list-style-type: none">• Legal Spouse• Domestic or Civil Union Partnership• 1 to 3 Other Adults Age 50 or Older			
If "Yes", list the name of the household resident(s): _____			
Do they have or are they currently applying for a Medicare Supplement policy with American Heritage Life Insurance Company? <input type="checkbox"/> Yes <input type="checkbox"/> No			
If Yes, what is the policy number _____			

Section C. Medicare and Insurance Information

If you lost or are losing other health insurance coverage and received a notice from your prior insurer saying you were eligible for guaranteed issue of a Medicare Supplement insurance policy or that you had certain rights to buy such a policy, you may be guaranteed acceptance in one or more of our Medicare Supplement plans. **Please include a copy of the notice from your prior insurer with your application.**

Answer all questions to the best of your knowledge. Mark "YES" or "NO" with an "X" to the questions below.

1. Did you enroll in Medicare Part B within the past 6 months? Yes No
2. Did you turn age 65 within the past 6 months? Yes No

Medicare Number _____	Medicare Part A Effective Date ____ / ____ / ____ (mm/dd/yyyy)	Medicare Part B Effective Date ____ / ____ / ____ (mm/dd/yyyy)
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3. Are you applying during a guaranteed issue period? (NOTE: If "Yes," please **attach proof of eligibility.**) Yes No

4. Do you have another Medicare Supplement or Medicare Select insurance policy in force? Yes No
If yes:
(a) Name of Company _____ Plan _____ Effective Date ____ / ____ / ____ (mm/dd/yyyy)
(b) Do you intend to replace your current Medicare Supplement policy with this policy? Yes No
(If yes, complete the Replacement Notice.)
(c) Indicate termination date ____ / ____ / ____ (mm/dd/yyyy)

5. If you had coverage from any Medicare plan other than original Medicare within the past 63 days (for example, a Medicare Advantage plan, or a Medicare HMO or PPO), fill in your start and end dates:
If you are still covered under this plan, leave "END" blank.
Start ____ / ____ / ____ (mm/dd/yyyy) End ____ / ____ / ____ (mm/dd/yyyy)
(a) If you are still covered under the Medicare plan, do you intend to replace your current coverage with this new Medicare Supplement policy? (If yes, complete the Replacement Notice.) Yes No
(b) Planned date of termination ____ / ____ / ____ (mm/dd/yyyy)
(c) Was this your first time in this type of Medicare plan? Yes No
(d) Did you drop a Medicare Supplement or Medicare Select policy to enroll in this plan? Yes No

6. Have you had coverage under any other health insurance within the past 63 days? Yes No
(for example, an employer, union, or individual health plan)
If yes:
(a) Name of company and type of policy _____
(b) Start date ____ / ____ / ____ (mm/dd/yyyy) End date ____ / ____ / ____ (mm/dd/yyyy)

7. Are you covered for medical assistance through the state Medicaid program? Yes No
(Note to applicant: If you are participating in a "Spend-Down Program" and have not yet met your "Share of Cost," please answer "No" to this question.)
(a) If yes, will Medicaid pay your premiums for this Medicare Supplement policy? Yes No
(b) If yes, do you receive any benefits from Medicaid **other than** payment toward your Medicare Part B premium? Yes No

8. Have you received a copy of the **Guide to Health Insurance for People with Medicare**, the **Outline of Coverage**, and the **Notice of Information Practices**? Yes No

Section D. Health Information

For applicants applying as an Open Enrollee or under Guarantee Issue rights, skip section D.

The information I provided on this enrollment form is complete, true and accurate to the best of my knowledge and belief. I realize that any incomplete, false, or inaccurate statement or material misrepresentation in the enrollment form may result in cancellation of my coverage, a change in my premium, or a rescission of my coverage.

Signature of Applicant: _____ **Date:** _____ (mm/dd/yyyy)

For underwriting purposes provide the name and address of your primary care physician

Name: _____

Address: _____

Please read through each question carefully and indicate any of the conditions that apply with a check mark in the box. If any of the answers to questions 1-8 below are "Yes" coverage cannot be issued.

- 1. Have you been recommended or scheduled for testing (excluding routine), treatment, follow-up, or surgery that has not been completed? Yes No
- 2. Are you currently hospitalized, confined to a bed, receiving dialysis treatment, receiving services from an Assisted Living Facility, Nursing Home, or dependent on a wheelchair or mobilized device? Yes No
- 3. In the last 12 months have you received Physical, Occupation, or Speech Therapy? Yes No
- 4. Have you been hospitalized or used an emergency room for treatment 2 or more times in the past 24 months? Yes No
- 5. If you have you been diagnosed or treated for diabetes (answer no if you have not been diagnosed or treated for diabetes) Yes No
 - Are you currently prescribed 3 or more medications to control High Blood Pressure?
 - Have you been treated for any diabetic complications including nephropathy, retinopathy, peripheral vascular disease, stroke, neuropathy, or heart disease?

6. Within the past 2 years have you been diagnosed, treated, evaluated, or prescribed medication for? Yes No

Cancer

- Hodgkin's Disease Leukemia, Myeloma or Lymphoma
- Internal Cancer Melanoma

Cardiovascular

- Chronic Atrial Fibrillation Coronary Artery Disease, Angioplasty, Stent, or Bypass
- Chest Pain (Angina) Heart Attack/Acute MI

Circulatory

- Aneurysm Peripheral Vascular Disease
- Blood/clotting disorder (excluding mild anemia) Transient Ischemic Attack
- Deep Venous Thrombosis Stroke
- Embolus

Neurological

- Muscular Dystrophy Multiple Sclerosis Transverse Myelitis

Other

- Adrenal gland disorders Amputation due to disease
- Chronic Hepatitis or liver cirrhosis Chronic Pancreatitis
- Cushing Syndrome/Disease Enzyme disorders
- Joint Replacement Surgery that has not been completed Nephritis or Glomerulonephritis

<input type="checkbox"/> Osteoporosis with fractures	<input type="checkbox"/> Pituitary disease or disorder
<input type="checkbox"/> Pulmonary disease (excluding asthma)	<input type="checkbox"/> Renal Artery Stenosis including Stent/Angioplasty
<input type="checkbox"/> Required use of a Cardiac Pacemaker or Defibrillator	<input type="checkbox"/> Oxygen or Nebulizer use
<input type="checkbox"/> Spinal Stenosis	<input type="checkbox"/> Substance Abuse (including more than 12 consecutive months of opioid usage)

7. Within the past 12 months have you been recommended for surgery or are you receiving any infusions or injections for treatment of: Yes No

<input type="checkbox"/> Arthritis of any kind	<input type="checkbox"/> Crohn's Disease
<input type="checkbox"/> Plaque Psoriasis	<input type="checkbox"/> Ulcerative Colitis

8. Within the past 10 years have you been diagnosed, treated, advised to have treatment for, or prescribed medication for? Yes No

Cardiovascular

<input type="checkbox"/> Cardiomyopathy	<input type="checkbox"/> Enlarged Heart
<input type="checkbox"/> Congestive Heart Failure	<input type="checkbox"/> Heart Valve Disease or Regurgitation

Neurological

<input type="checkbox"/> ALS (Amyotrophic Lateral Sclerosis)	<input type="checkbox"/> Dementia
<input type="checkbox"/> Alzheimer's Disease	<input type="checkbox"/> Parkinson's Disease

Autoimmune Disorder

<input type="checkbox"/> AIDS, ARC, or HIV infection	<input type="checkbox"/> Systemic Lupus
<input type="checkbox"/> Myasthenia Gravis	<input type="checkbox"/> Systemic Scleroderma

Other

<input type="checkbox"/> Chronic Obstructive Pulmonary Disease	<input type="checkbox"/> Organ, Bone Marrow, Tissue, or Stem Cell Transplant
<input type="checkbox"/> Cirrhosis	<input type="checkbox"/> Renal Failure or End Stage Renal Failure
<input type="checkbox"/> Emphysema	<input type="checkbox"/> Schizophrenia

If questions 1-8 were answered "No" please complete question 9. If question 9 is answered "Yes", preferred II rating is not available.

9. Within the last 5 years has medication been prescribed or recommended for the following: Yes No

a. Depression

10. Please list any medications that have been prescribed in the past 18 months for you; Include pills, creams, injections, liquids, inhalers, pumps, etc.

Medication	Reason taken	Dose	Frequency	Still taking?
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No

Comments on medical conditions or medications-

Section E. Disclosure, Acknowledgements, and Agreement

- Disclosure:**
1. You do not need more than one Medicare Supplement policy.
 2. If you purchase this policy, you may want to evaluate your existing health coverage and decide if you need multiple coverages.
 3. You may be eligible for benefits under Medicaid and may not need a Medicare Supplement policy.
 4. If, after purchasing this policy, you become eligible for Medicaid, the benefits and premiums under your Medicare Supplement policy can be suspended, if requested, during your entitlement to benefits under Medicaid for 24 months. You must request this suspension within 90 days of becoming eligible for Medicaid. If you are no longer entitled to Medicaid, your suspended Medicare Supplement policy (or, if that is no longer available, a substantially equivalent policy) will be reinstated if requested within 90 days of losing Medicaid eligibility. If the Medicare Supplement policy provided coverage for outpatient prescription drugs and you enrolled in Medicare Part D while your policy was suspended, the reinstated policy will not have outpatient prescription drug coverage but will otherwise be substantially equivalent to your coverage before the date of the suspension.
 5. If you are eligible for and have enrolled in a Medicare Supplement policy by reason of disability and you later become covered by an employer or union-based group health plan, the benefits and premiums under your Medicare Supplement policy can be suspended, if requested, while you are covered under the employer or union-based group health plan. If you suspend your Medicare Supplement policy under these circumstances, and later lose your employer or union-based group health plan, your suspended Medicare Supplement policy (or, if that is no longer available, a substantially equivalent policy) will be reinstated if requested within 90 days of losing your employer or union-based group health plan. If the Medicare Supplement policy provided coverage for outpatient prescription drugs and you enrolled in Medicare Part D while your policy was suspended, the reinstated policy will not have outpatient prescription drug coverage but will otherwise be substantially equivalent to your coverage before the date of the suspension.
 6. Counseling services may be available in your state to provide advice concerning your purchase of Medicare Supplement insurance and concerning medical assistance through the state Medicaid program, including benefits as a Qualified Medicare Beneficiary (QMB) and a Specified Low-Income Medicare Beneficiary (SLMB).

Acknowledgments and Agreement:

I wish to apply for Medicare Supplement insurance coverage. I acknowledge that I have received or been given access to review: (a) an Outline of Coverage for the policy applied for; and (b) a "Guide to Health Insurance for People with Medicare."

I HAVE READ AND FULLY UNDERSTAND the questions and my answers on this application. To the best of my knowledge and belief they are true and complete. I understand the Company may conduct a telephone interview with me regarding the answers. I understand and agree the policy applied for will not take effect until issued by the Company, and that the agent is not authorized to extend, waive or change any terms, conditions or provisions of the coverage.

Caution: If your answers on this application are incorrect or untrue, the Company has the right to deny benefits or rescind your coverage.

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

Applicant's Signature: _____

Signed at (City and State): _____ **Date:** _____ (mm/dd/yyyy)

Section F. Agent Statement

Type of Sale: Telephone In Person Internet Mail Other _____

Send Policy to Agent Applicant

Yes No

Did anyone assist the proposed insured in completing the application or answering the application questions?

Name _____

Relationship to the Applicant _____

Type of assistance provided _____

1. Did you review the Application for correctness and any omissions?

2. Did the Applicant review the Application for correctness and any omissions?

3. Are you related to the Applicant?

If Yes, provide relationship: _____

Listed below are all other health insurance policies (a) sold to the Applicant which are still in force; and (b) sold to the Applicant in the last 5 years which are no longer in force.

Company	Type of Policy	Effective Date	In Force
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No

I certify: 1) I have accurately recorded the information supplied by the Applicant; 2) I have given the Applicant an **Outline of Coverage** for the policy being applied for, the **Guide to Health Insurance for People on Medicare**, and the **Notice of Information Practices**; and 3) I have reviewed the current health coverage of the Applicant and have completed the chart above, as applicable. I find that additional coverage of the type and amount applied for is appropriate for the Applicant's needs.

Agent Signature: _____

Date: _____ (mm/dd/yyyy)

Agent Name: _____

Agent ID: _____



Billing Information

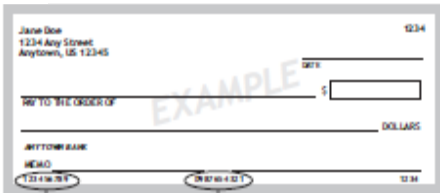
Application Fee: \$ _____	Requested Policy Effective Date ____ / ____ / ____ (mm/dd/yyyy)	Draft Initial Premium on ____ / ____ / ____ (mm/dd/yyyy)
Initial Premium: \$ _____		
Total Amount Submitted: \$ _____		

Note: Recurring draft date is the same day as the first effective date of the policy. If this day does not exist in a month, payment will be drafted on the next business day.

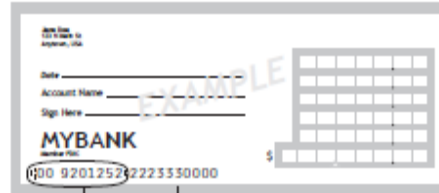
Select policy premium payment option (check only one):

- 1. Bank Draft
 - Select Account Type: Checking Savings
 - Select frequency: Monthly Quarterly Semi-Annual Annual
 - To begin withdrawals:
 - Name on Account: _____
 - Bank name: _____
 - Routing number: _____
 - Account number: _____

For paper application only: If paying premium by Bank Draft, please include a voided check. The first draft will occur on the date your application is approved by NHIC (unless specified otherwise). All Checks will be processed as EFT (Electronic Funds Transfer) from your bank.



Routing Number Account Number
9 digits



Routing Number Account Number
9 digits

- 2. Direct Bill (If paying by Direct Bill the first premium is required at time of submission)
 - Select frequency: Quarterly Semi-Annual Annual
 - If billing address is different than home address, please enter here:

Billing Address:

Street: _____

City: _____ State: _____ Zip code: _____

Billing Authorization

Please read the following carefully.

The accountholder of the method of payment provided during this enrollment process authorizes and requests the Insurer, or its designee, to initiate automatic payments against such indicated payment method for the payment of premiums and other indicated monthly dues included in the plan(s) being purchased during this enrollment process. Accountholder agrees that the electronic payment authorization for such automatic payments may be terminated by providing written notice to the Insurer. If the payment dates fall on a weekend or holiday, I understand that the payments may be executed on the previous business day. I understand that if I choose a draft date of the 29th, 30th or 31st of the month we may choose to change your payment to be executed on the 28th of each month. For Automated Clearing House (ACH) debits to my checking/savings account, I understand that because these are electronic transactions, these funds may be withdrawn from my account as soon as the above noted periodic transaction dates. In the case of an ACH Transaction being rejected for Non Sufficient Funds (NSF) I understand that the Insurer may at its discretion attempt to process the charge again. I certify that I am an authorized user of this method of payment and will not dispute the scheduled transactions; provided the transactions correspond to the terms indicated in this authorization form.

Signature of Primary Insured

Date



Medicare Supplement Activity Tracker Discount Authorization Form

Please fill out the following fields:

Applicant name: _____

Applicant phone number: _____

Applicant email address: _____

(An email address is required to participate in the Activity Tracker Discount program. By supplying your email address, you are agreeing to receive email correspondence about the Activity Tracker Discount program.)

Selling agent name: _____

Selling agent phone number: _____

Yes, I acknowledge I own an activity tracker or wearable device, and I am willing to share my fitness data. I understand that American Heritage Life Insurance Company does not plan to use the data collected to adversely affect my premium at this time but will provide notice if withdrawal from the program will impact my premium should this change.

No, I do not want to participate and share my fitness data.

Authorize and Agree:

By selecting this box, I acknowledge that I own an activity tracker or wearable device. I agree to register my activity tracker device within 30 days and share my activity data with American Heritage Life Insurance Company. American Heritage Life Insurance Company will not share the collected data with any third-parties. I understand that there is no impact to premium if I withdraw from the program and that American Heritage Life Insurance Company will provide notice if this changes and how withdrawal from the program will impact my premium. I understand that if I do not register my device or I withdraw from sharing my activity data, my Activity Tracker Discount will be removed and my Medicare Supplement Insurance premium will be adjusted.

By selecting this box, I agree to receive email correspondence from Allstate Health Solutions about the Activity Tracker program at the email address supplied above.

Applicant signature: _____

Date: _____

Allstate Health Solutions markets products underwritten by American Heritage Life Insurance Company.

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AHLIC-MEDSUPP-ACTIVITY TRACKER-TX-2 (05/2022)

Health Information Authorization

This Authorization complies with the HIPAA Privacy Rule

I authorize any health plan, physician, health care professional, hospital, clinic, laboratory, pharmacy, pharmacy benefit manager, medical facility, or other health care provider that has provided services, treatment or payment to me, or on my behalf, within the past 10 years ("My Providers"), or consumer reporting agency, to disclose my entire medical record and any other protected health information concerning me to American Heritage Life Insurance Company ("AHLIC") and its agents, employees and representatives. This includes information on the diagnosis or treatment of Human Immunodeficiency Virus (HIV) infection and sexually transmitted diseases. This also includes information on the diagnosis and treatment of mental illness and the use of alcohol, drugs, and tobacco, but excludes psychotherapy notes and excludes information related to genetic tests or genetic services (except to pay a claim related to such tests or services).

In addition I authorize MIB, Inc., and any MIB member insurer, to provide any medical or personal information that it has about me to AHLIC, its reinsurer or any MIB-authorized third-party administrator performing underwriting services on AHLIC's behalf. I also authorize AHLIC, its reinsurer or authorized third-party administrator, to make a brief report of my personal health information to MIB, Inc.

By my signature below, I acknowledge that any agreements I have made to restrict my protected health information do not apply to this Authorization and I instruct any physician, health care professional, hospital, clinic, medical facility, or other health care provider to release and disclose my entire medical record without restriction.

My protected health information is to be disclosed under this Authorization so that AHLIC may: 1) underwrite my application for coverage, make eligibility, risk rating, policy issuance and enrollment determinations; 2) obtain reinsurance; 3) administer claims and determine or fulfill their responsibility for coverage and provision of benefits; 4) administer coverage; and 5) conduct other legally permissible activities that relate to any coverage I have or have applied for with AHLIC.

For a period of 120 days from the date of this Authorization I authorize my AHLIC Producer to receive certain protected health information about me that is related to an adverse underwriting decision or counteroffer for alternative coverage made during the underwriting of my application.

This Authorization shall remain in force for 30 months following the date of my signature below, and a copy of this Authorization is as valid as the original. I understand that I have the right to revoke this Authorization in writing, at any time, by sending a written request for revocation to: **AHLIC at 1776 American Heritage Life Drive, Jacksonville, Florida 32224 Attention: Privacy Officer.** I understand that a revocation is not effective to the extent that any of My Providers has relied on this Authorization or to the extent that AHLIC has a legal right to contest a claim under an insurance policy or to contest the policy itself. I understand that any information that is disclosed pursuant to this Authorization may be redisclosed and no longer covered by federal rules governing privacy and confidentiality of health information.

I understand that My Providers may not refuse to provide treatment or payment for health care services if I refuse to sign this Authorization. I further understand that if I refuse to sign this Authorization to release my complete medical record, AHLIC may not be able to process my application, or if coverage has been issued may not be able to make any benefit payments.

Name of Applicant (please print)

Signature of Applicant or Personal Representative

Date of Birth

Date

Description of Personal Representative's Authority or Relationship to Applicant (if applicable)

(Return to Company)

AMERICAN HERITAGE LIFE INSURANCE COMPANY

Definition of Eligible Person for Guaranteed Issue

The following are definitions of the categories of individuals who are eligible for Guaranteed Issue:

- Enrolled under an employee welfare benefit plan that provides health benefits that supplement the benefits under Medicare; and the plan terminates, or the plan ceases to provide all such supplemental health benefits to the individual or the individual is enrolled under an employee welfare benefit plan that is primary to Medicare and the plan terminates or the plan ceases to provide all health benefits to the individual because the individual leaves the plan; or
- Enrolled in a Medicare Advantage plan or Program of All-Inclusive Care for the Elderly (PACE) and the organization's certification or plan is terminated or specific circumstances permit discontinuance including, but not limited to, a change in residence of the individual, the plan is terminated within a residence area, the organization substantially violated a material policy provision, or a material misrepresentation was made to the individual; or
- Enrolled in a Medicare risk contract, health care prepayment plan, cost contract or Medicare Select plan, or similar organization, and the organization's certification or plan is terminated or specific circumstances permit discontinuance including, but not limited to, a change in residence of the individual, the plan is terminated within a residence area, the organization substantially violated a material policy provision, or a material misrepresentation was made to the individual; or
- Enrolled in a Medicare Supplement policy and coverage discontinues due to insolvency, substantial violation of a material policy provision, or material misrepresentation; or
- Enrolled under a Medicare Supplement policy, terminates and enrolls for the first time in a Medicare Advantage, a risk or cost contract, or a Medicare Select plan, a PACE provider, and then terminates coverage within 12 months of enrollment; or
- Upon *first* becoming enrolled in Medicare Part B for benefits at age 65 or older, enrolls in a Medicare Advantage or PACE provider and then disenrolls within 12 months; or
- Enrolled in a Medicare Part D Plan during the initial Part D enrollment period while enrolled under a Medicare Supplement policy that covers outpatient prescription drugs and terminate the Medicare Supplement policy; or
- The individual loses eligibility for health benefits under Title XIX of the Social Security Act (Medicaid); or
- Other Guarantee Issue rights available under State law.

Documentation of these events must be submitted with this Application. You must apply within 63 days of the date of termination of previous coverage in order to qualify as an eligible person.

AMERICAN HERITAGE LIFE INSURANCE COMPANY

1776 American Heritage Life Drive, Jacksonville, FL 32224

Benefit Chart of Medicare Supplement Plans sold on or after January 1, 2020

This chart shows the benefit included in each of the standard Medicare supplement plans. Every company must make Plan "A" available. Some plans may not be available. Only applicants' **first** eligible for Medicare before 2020 may purchase Plans C, F, and high deductible F.

Note: A ✓ means 100% of the benefit is paid.

Benefits	Plans Available to All Applicants								Medicare first eligible before 2020 only	
	A♦	B	D	G♦ ¹	K	L	M	N♦	C	F♦ ^{1♦}
Medicare Part A coinsurance and hospital coverage (up to an additional 365 days after Medicare benefits are used up)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Medicare Part B coinsurance or Copayment	✓	✓	✓	✓	50%	75%	✓	✓ copays apply ³	✓	✓
Blood (first three pints)	✓	✓	✓	✓	50%	75%	✓	✓	✓	✓
Part A hospice care coinsurance or copayment	✓	✓	✓	✓	50%	75%	✓	✓	✓	✓
Skilled nursing facility coinsurance			✓	✓	50%	75%	✓	✓	✓	✓
Medicare Part A deductible		✓	✓	✓	50%	75%	50%	✓	✓	✓
Medicare Part B deductible									✓	✓
Medicare Part B excess charges				✓						✓
Foreign travel emergency (up to plan limits)			✓	✓			✓	✓	✓	✓
Out-of-pocket limit in 2023 ²					\$6940 ²	\$3470 ²				

¹Plans F and G also have a high deductible option which require first paying a plan deductible of \$2700 before the plan begins to pay. Once the plan deductible is met, the plan pays 100% of covered services for the rest of the calendar year. High deductible plan G does not cover the Medicare Part B deductible. However, high deductible plans F and G count your payment of the Medicare Part B deductible toward meeting the plan deductible.

²Plans K and L pay 100% of covered services for the rest of the calendar year once you meet the out-of-pocket yearly limit.

³Plan N pays 100% of the Part B coinsurance, except for a co-payment of up to \$20 for some office visits and up to a \$50 co-payment for emergency room visits that do not result in an inpatient admission.

AMERICAN HERITAGE LIFE INSURANCE COMPANY
 Medicare Supplement Policy
 2010 Standardized Plan A
 Attained Age Premium Rates
 Rates Effective Upon Approval

Attained Age	Female			Male		
	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
0-64	519.70		623.56		587.69	704.46
65	93.10		111.71		105.28	126.20
66	93.10		111.71		105.28	126.20
67	93.38	98.72	118.44	105.60	111.63	133.81
68	93.66	103.72	124.44	105.91	117.29	140.59
69	95.63	109.04	130.67	108.07	123.15	147.58
70	98.15	114.06	136.69	110.86	128.83	154.51
71	101.27	118.61	142.26	114.47	134.08	160.63
72	104.88	123.32	147.82	118.48	139.31	167.02
73	108.60	128.19	153.64	122.68	144.80	173.60
74	112.44	133.22	159.73	127.07	150.54	180.45
75	116.65	138.50	166.01	131.78	156.46	187.60
76	120.60	142.65	171.01	136.27	161.18	193.18
77	125.53	146.89	176.12	141.84	165.98	199.04
78	130.69	151.32	181.41	147.66	170.97	204.91
79	136.01	155.85	186.89	153.73	176.14	211.15
80	141.43	160.55	192.38	159.72	181.31	217.40
81	145.81	165.35	198.25	164.76	186.85	224.02
82	150.20	170.33	204.22	169.72	192.47	230.73
83	154.51	175.22	210.18	174.68	198.09	237.45
84	158.91	180.20	215.96	179.48	203.53	244.07
85	163.14	185.00	221.83	184.36	209.07	250.60
86	167.45	189.89	227.70	189.24	214.60	257.22
87	171.60	194.60	233.38	193.96	219.95	263.66
88	175.91	199.49	239.15	198.76	225.39	270.28
89	180.31	204.47	245.02	203.64	230.93	276.81
90	184.78	209.55	251.18	208.75	236.73	283.81
91	189.42	214.81	257.53	214.03	242.72	291.00
92	194.22	220.25	263.98	219.39	248.79	298.28
93	199.02	225.69	270.62	224.91	255.05	305.75
94	203.98	231.32	277.36	230.51	261.40	313.32
95	209.11	237.13	284.29	236.27	267.93	321.27
96	214.32	243.04	291.31	242.11	274.55	329.12
97	219.69	249.13	298.63	248.19	281.45	337.45
98	225.22	255.41	306.23	254.50	288.61	346.05
99+	230.83	261.77	313.83	260.82	295.78	354.57

*Open Enrollment or Guaranteed Issue: Determine Underwriting Class based on Tobacco and HT/WT
 Underwritten: Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question
 See UW Guide for detailed instructions*

Rate Calculator

Monthly Rate

- A - Monthly Rate (use table above)
- B - Area Factor (see area factors below)
- C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)
- D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)
- E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)
- F - Calculate Monthly Rate (rounded to the nearest penny)

F=A*B*C*D*E

Quarterly, Semi-Annual, or Annual Rate

- G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)
- H - Calculate Final Modal Billing Rate (rounded to the nearest penny)

H=F*G

Roommate Household Discount:		7%
Dual Household Discount (applies if multiple people in the same Household have or are applying for American Heritage Life Insurance Company Medicare Supplement policies):		10%
Annual Pay Discount:		10%
Activity Tracker "Wearable" Discount:		5%

The rates above do not include a one time \$25 policy fee.

Area Factors:	Factor
Texas Zip Codes	
770-773, 775	1.240
774, 776, 777, 789	1.120
750-753, 760-761	1.109
754, 762-764, 785	1.064
Rest of State	1.050

AMERICAN HERITAGE LIFE INSURANCE COMPANY
 Medicare Supplement Policy
 2010 Standardized Plan F
 Attained Age Premium Rates
 Rates Effective Upon Approval

Attained Age	Female			Male		
	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
0-64	N/A			N/A		
65	114.94			129.86		
66	114.94			129.86		
67	115.29	121.87	146.10	130.25	137.69	165.08
68	115.63	128.05	153.50	130.64	144.67	173.45
69	117.99	134.46	161.17	133.32	151.90	182.09
70	121.03	140.65	168.64	136.77	158.94	190.56
71	124.88	146.27	175.33	141.08	165.25	198.08
72	129.32	152.06	182.31	146.13	171.82	205.97
73	133.95	158.10	189.56	151.36	178.66	214.16
74	138.69	164.32	197.01	156.72	185.68	222.64
75	143.86	170.80	204.75	162.54	192.97	231.34
76	148.77	175.96	210.96	168.10	198.83	238.35
77	154.85	181.20	217.26	174.98	204.77	245.46
78	161.18	186.62	223.75	182.12	210.88	252.84
79	167.76	192.22	230.43	189.53	217.17	260.31
80	174.42	198.00	237.38	197.08	223.72	268.24
81	179.85	203.95	244.52	203.21	230.45	276.26
82	185.26	210.09	251.84	209.30	237.35	284.55
83	190.66	216.22	259.25	215.46	244.34	292.93
84	195.99	222.26	266.48	221.47	251.15	301.13
85	201.32	228.30	273.71	227.48	257.97	309.24
86	206.57	234.26	280.85	233.41	264.69	317.35
87	211.74	240.12	287.89	239.27	271.33	325.28
88	217.07	246.17	295.12	245.27	278.15	333.48
89	222.48	252.30	302.45	251.36	285.05	341.77
90	228.04	258.61	310.05	257.68	292.21	350.33
91	233.77	265.09	317.83	264.15	299.55	359.08
92	239.64	271.76	325.80	270.77	307.06	368.10
93	245.60	278.51	333.87	277.47	314.66	377.21
94	251.71	285.45	342.21	284.41	322.52	386.69
95	257.98	292.55	350.74	291.49	330.56	396.25
96	264.41	299.84	359.45	298.74	338.77	406.09
97	270.99	307.31	368.44	306.21	347.25	416.30
98	277.73	314.95	377.62	313.83	355.89	426.69
99+	284.70	322.86	387.07	321.69	364.81	437.35

*Open Enrollment or Guaranteed Issue: Determine Underwriting Class based on Tobacco and HT/WT
 Underwritten: Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question
 See UW Guide for detailed instructions*

Rate Calculator

Monthly Rate

- A - Monthly Rate (use table above)
- B - Area Factor (see area factors below)
- C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)
- D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)
- E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)
- F - Calculate Monthly Rate (rounded to the nearest penny)

F=A*B*C*D*E

Quarterly, Semi-Annual, or Annual Rate

- G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)
- H - Calculate Final Modal Billing Rate (rounded to the nearest penny)

H=F*G

Roommate Household Discount:	7%
Dual Household Discount (applies if multiple people in the same Household have or are applying for American Heritage Life Insurance Company Medicare Supplement policies):	10%
Annual Pay Discount:	10%
Activity Tracker "Wearable" Discount:	5%

The rates above do not include a one time \$25 policy fee.

Area Factors:

Texas Zip Codes	Factor
770-773, 775	1.240
774, 776, 777, 789	1.120
750-753, 760-761	1.109
754, 762-764, 785	1.064
Rest of State	1.050

AMERICAN HERITAGE LIFE INSURANCE COMPANY
 Medicare Supplement Policy
 2010 Standardized Plan High F
 Attained Age Premium Rates
 Rates Effective Upon Approval

Attained Age	Female			Male		
	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
0-64		N/A	N/A		N/A	N/A
65		35.99	43.13		40.65	48.72
66		35.99	43.13		40.65	48.72
67	36.10	38.17	45.73	40.77	43.10	51.66
68	36.21	40.10	48.05	40.89	45.28	54.28
69	36.93	42.12	50.53	41.73	47.62	57.11
70	37.87	44.01	52.78	42.81	49.74	59.61
71	39.04	45.73	54.81	44.11	51.66	61.95
72	40.44	47.55	56.97	45.66	53.69	64.41
73	41.86	49.41	59.25	47.31	55.84	66.91
74	43.36	51.38	61.56	48.97	58.02	69.53
75	44.95	53.37	63.99	50.80	60.31	72.29
76	46.49	54.99	65.96	52.56	62.16	74.49
77	48.37	56.60	67.83	54.63	63.93	76.61
78	50.35	58.30	69.89	56.88	65.87	79.00
79	52.45	60.10	72.04	59.25	67.89	81.39
80	54.52	61.89	74.19	61.60	69.92	83.78
81	56.24	63.78	76.44	63.52	72.04	86.36
82	57.90	65.66	78.68	65.39	74.16	88.93
83	59.56	67.54	81.02	67.33	76.36	91.51
84	61.22	69.43	83.27	69.20	78.48	94.08
85	62.88	71.31	85.51	71.07	80.59	96.66
86	64.55	73.20	87.76	72.93	82.71	99.14
87	66.13	74.99	89.91	74.72	84.74	101.62
88	67.79	76.87	92.15	76.59	86.85	104.11
89	69.45	78.76	94.40	78.45	88.97	106.68
90	71.19	80.73	96.74	80.40	91.17	109.35
91	73.01	82.79	99.26	82.50	93.55	112.20
92	74.83	84.86	101.70	84.52	95.85	114.87
93	76.73	87.01	104.31	86.70	98.31	117.90
94	78.62	89.16	106.93	88.87	100.78	120.84
95	80.60	91.40	109.55	91.05	103.25	123.79
96	82.58	93.65	112.27	93.30	105.81	126.82
97	84.64	95.98	115.07	95.64	108.45	130.04
98	86.77	98.40	117.97	98.05	111.19	133.26
99+	88.91	100.82	120.87	100.46	113.92	136.57

*Open Enrollment or Guaranteed Issue: Determine Underwriting Class based on Tobacco and HT/WT
 Underwritten: Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question
 See UW Guide for detailed instructions*

Rate Calculator

Monthly Rate

- A - Monthly Rate (use table above)
- B - Area Factor (see area factors below)
- C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)
- D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)
- E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)
- F - Calculate Monthly Rate (rounded to the nearest penny)

F=A*B*C*D*E

Quarterly, Semi-Annual, or Annual Rate

- G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)
- H - Calculate Final Modal Billing Rate (rounded to the nearest penny)

H=F*G

Roommate Household Discount:		7%
Dual Household Discount (applies if multiple people in the same Household have or are applying for American Heritage Life Insurance Company Medicare Supplement policies):		10%
Annual Pay Discount:		10%
Activity Tracker "Wearable" Discount:		5%

The rates above do not include a one time \$25 policy fee.

Area Factors:

Texas Zip Codes	Factor
770-773, 775	1.240
774, 776, 777, 789	1.120
750-753, 760-761	1.109
754, 762-764, 785	1.064
Rest of State	1.050

AMERICAN HERITAGE LIFE INSURANCE COMPANY
 Medicare Supplement Policy
 2010 Standardized Plan G
 Attained Age Premium Rates
 Rates Effective Upon Approval

Attained Age	Female			Male		
	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
0-64	N/A			N/A		
65	94.33			106.56		
66	94.33			106.56		
67	94.61	100.01	119.88	106.88	112.99	135.47
68	94.89	105.08	125.96	107.20	118.71	142.34
69	96.81	110.35	132.30	109.38	124.69	149.45
70	99.29	115.38	138.35	112.21	130.39	156.31
71	102.41	119.95	143.84	115.74	135.56	162.54
72	106.03	124.67	149.50	119.83	140.90	168.95
73	109.83	129.64	155.43	124.11	146.49	175.64
74	113.75	134.77	161.55	128.51	152.25	182.52
75	117.97	140.07	167.94	133.31	158.28	189.77
76	122.01	144.31	173.04	137.88	163.08	195.54
77	127.03	148.65	178.23	143.55	167.98	201.41
78	132.20	153.08	183.53	149.38	172.97	207.37
79	137.62	157.69	189.01	155.47	178.14	213.52
80	143.06	162.40	194.69	161.64	183.49	219.95
81	147.52	167.29	200.56	166.68	189.02	226.57
82	151.91	172.27	206.53	171.64	194.65	233.38
83	156.30	177.25	212.49	176.60	200.27	240.10
84	160.70	182.23	218.46	181.56	205.89	246.82
85	165.01	187.12	224.33	186.44	211.43	253.44
86	169.32	192.01	230.20	191.32	216.96	260.06
87	173.55	196.81	235.98	196.12	222.40	266.59
88	177.87	201.70	241.85	201.00	227.93	273.30
89	182.34	206.78	247.91	206.04	233.65	280.12
90	186.90	211.94	254.07	211.15	239.45	287.02
91	191.54	217.20	260.42	216.43	245.44	294.21
92	196.34	222.65	266.96	221.87	251.61	301.69
93	201.22	228.18	273.60	227.39	257.87	309.16
94	206.26	233.91	280.44	233.07	264.30	316.82
95	211.39	239.72	287.37	238.83	270.84	324.67
96	216.68	245.72	294.58	244.83	277.64	332.81
97	222.13	251.90	302.00	250.98	284.62	341.23
98	227.66	258.17	309.50	257.22	291.70	349.74
99+	233.36	264.63	317.30	263.70	299.04	358.54

*Open Enrollment or Guaranteed Issue: Determine Underwriting Class based on Tobacco and HT/WT
 Underwritten: Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question
 See UW Guide for detailed instructions*

Rate Calculator

Monthly Rate

- A - Monthly Rate (use table above)
- B - Area Factor (see area factors below)
- C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)
- D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)
- E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)
- F - Calculate Monthly Rate (rounded to the nearest penny)

F=A*B*C*D*E

Quarterly, Semi-Annual, or Annual Rate

- G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)
- H - Calculate Final Modal Billing Rate (rounded to the nearest penny)

H=F*G

Roommate Household Discount:	7%
Dual Household Discount (applies if multiple people in the same Household have or are applying for American Heritage Life Insurance Company Medicare Supplement policies):	10%
Annual Pay Discount:	10%
Activity Tracker "Wearable" Discount:	5%

The rates above do not include a one time \$25 policy fee.

Area Factors:

Texas Zip Codes	Factor
770-773, 775	1.240
774, 776, 777, 789	1.120
750-753, 760-761	1.109
754, 762-764, 785	1.064
Rest of State	1.050

AMERICAN HERITAGE LIFE INSURANCE COMPANY
 Medicare Supplement Policy
 2010 Standardized Plan N
 Attained Age Premium Rates
 Rates Effective Upon Approval

Attained Age	Female			Male		
	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
0-64		N/A	N/A		N/A	N/A
65		75.20	90.12		84.94	101.86
66		75.20	90.12		84.94	101.86
67	75.42	79.73	95.56	85.19	90.06	108.00
68	75.65	83.77	100.40	85.45	94.62	113.48
69	77.18	87.97	105.44	87.19	99.38	119.13
70	79.16	91.99	110.27	89.43	103.93	124.61
71	81.65	95.64	114.65	92.26	108.06	129.51
72	84.56	99.43	119.18	95.53	112.33	134.64
73	87.56	103.35	123.87	98.91	116.74	139.94
74	90.67	107.42	128.80	102.46	121.39	145.58
75	94.02	111.63	133.80	106.22	126.11	151.20
76	97.18	114.94	137.81	109.81	129.88	155.67
77	101.21	118.43	141.99	114.36	133.82	160.41
78	105.37	122.01	146.27	119.05	137.85	165.24
79	109.68	125.67	150.63	123.90	141.97	170.16
80	114.01	129.42	155.18	128.84	146.25	175.34
81	117.59	133.35	159.82	132.83	150.63	180.62
82	121.13	137.36	164.64	136.83	155.17	185.98
83	124.66	141.37	169.46	140.84	159.71	191.44
84	128.12	145.30	174.19	144.77	164.17	196.80
85	131.58	149.22	178.92	148.70	168.63	202.17
86	134.97	153.06	183.47	152.48	172.92	207.26
87	138.35	156.89	188.11	156.34	177.29	212.54
88	141.81	160.82	192.84	160.27	181.75	217.91
89	145.35	164.83	197.57	164.20	186.20	223.27
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93	160.42	181.92	218.13	181.28	205.58	246.43
94	164.42	186.46	223.49	185.74	210.64	252.51
95	168.50	191.08	229.04	190.35	215.87	258.77
96	172.73	195.88	234.86	195.19	221.35	265.39
97	177.03	200.76	240.69	200.03	226.84	271.91
98	181.50	205.82	246.78	205.10	232.58	278.80
99+	186.03	210.97	252.87	210.16	238.33	285.68

*Open Enrollment or Guaranteed Issue: Determine Underwriting Class based on Tobacco and HT/WT
 Underwritten: Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question
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Rate Calculator

Monthly Rate

- A - Monthly Rate (use table above)
- B - Area Factor (see area factors below)
- C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)
- D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)
- E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)
- F - Calculate Monthly Rate (rounded to the nearest penny)

F=A*B*C*D*E

Quarterly, Semi-Annual, or Annual Rate

- G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)
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H=F*G

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770-773, 775	1.240
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754, 762-764, 785	1.064
Rest of State	1.050

AMERICAN HERITAGE LIFE INSURANCE COMPANY

1776 American Heritage Life Drive, Jacksonville, FL 32224

PREMIUM INFORMATION

We, American Heritage Life Insurance Company, can only raise your premium if we raise the premium for all policies like yours in this State. We will not change the premiums for this policy during your first year of coverage. Thereafter your premium will increase each year based on your age at that time. No rate adjustment may be made on an individual basis. Also, your renewal premiums may change on a renewal date following the Effective Date of any change in the deductible and/or coinsurance amounts which you are required to pay under Medicare. Any such premium change will be based on the actuarial computations that we then use to determine the renewal premium. However, such premium change is subject to approval by the Texas Department of Insurance.

If you resided with at least one, but no more than three, other adults who are age 50 or older for the past year, you will be eligible for a household premium discount. The discounted premium will be priced 7% lower than the rates illustrated. Your policy's household premium discount will be removed if the other adult no longer resides with you (other than in the case of his or her death).

DISCLOSURES

Use this outline to compare benefits and premiums among policies.

READ YOUR POLICY VERY CAREFULLY

This is only an outline describing your policy's most important features. The policy is your insurance contract. You must read the policy itself to understand all of the rights and duties of both you and your insurance company.

RIGHT TO RETURN POLICY

If you find that you are not satisfied with your policy, you may return it to: PO Box 2070 Milwaukee, WI 53201-2070. If you send the policy back to us within 30 days after you receive it, we will treat the policy as if it had never been issued, and return all of your payments.

POLICY REPLACEMENT

If you are replacing another health insurance policy, do NOT cancel it until you have actually received your new policy and are sure you want to keep it.

NOTICE

This policy may not fully cover all of your medical costs. Neither American Heritage Life Insurance Company nor its agents are connected with Medicare. This Outline of Coverage does not give all the details of Medicare coverage. Contact your local Social Security Office or consult "The Medicare Handbook" for more details.

LIMITATIONS & EXCLUSIONS

We will not pay benefits for (a) Expenses incurred while coverage is not in force except as provided in the Extension of Benefits section; (b) Hospital or Skilled Nursing Facility charges incurred prior to effective date of Policy; (c) That portion of any expense incurred which is paid for by Medicare; (d) Services for non-Medicare Eligible Expenses unless specifically covered under this Policy, including, but not limited to, routine exams, take-home drugs and eye refractions; or (e) Services for which a charge is not normally made in the absence of insurance.

REFUND OF PREMIUM

In the event of cancellation or death, we will promptly return the pro rata unearned portion of any premium paid.

COMPLETE ANSWERS ARE VERY IMPORTANT

When you fill out the application for the new policy, be sure to answer truthfully and completely all questions about your medical and health history. The company may cancel your policy and refuse to pay any claims if you leave out or falsify important medical information.

Review the application carefully before you sign it. Be certain that all information has been properly recorded.

AMERICAN HERITAGE LIFE INSURANCE COMPANY

1776 American Heritage Life Drive, Jacksonville, FL 32224

PLAN A

MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skill care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION* Semiprivate room and board, general nursing and miscellaneous services and Supplies First 60 days 61 st thru 90 th day 91 st day and after: ---While using 60 lifetime reserve days ---Once lifetime reserves days are used: ---Additional 365 days ---Beyond 365 days	All but \$1600 All but \$400 a day All but \$800 a day \$0 \$0	\$0 \$400 a day \$800 a day 100% of Medicare eligible expenses \$0	\$1600 (Part A deductible) \$0 \$0 \$0** All costs
SKILLED NURSING FACILITY CARE* You must meet Medicare's requirements, including having been in a hospital for at least 3 days and entered a Medicare-approved facility within 30 days after leaving the hospital First 20 days 21 st thru 100 th day 101 st day and after	All approved amounts All but \$200 a day \$0	\$0 \$0 \$0	\$0 Up to \$200 a day All costs
BLOOD First 3 pints Additional amounts	\$0 100%	3 pints \$0	\$0 \$0
HOSPICE CARE You must meet Medicare's requirements, including a doctor's certification of terminal illness	All but very limited copayment/coinsurance for out-patient drugs and inpatient respite care	Medicare copayment/coinsurance	\$0

**Notice When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

AMERICAN HERITAGE LIFE INSURANCE COMPANY

1776 American Heritage Life Drive, Jacksonville, FL 32224

PLAN A

MEDICARE (PART B) - MEDICAL SERVICES - PER CALENDAR YEAR

* Once you have been billed \$226 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES – IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT , such as Physician’s services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment, First \$226 of Medicare Approved Amounts* Remainder of Medicare Approved Amounts	\$0 Generally 80%	\$0 Generally 20%	\$226 (Part B deductible) \$0
Part B Excess Charges (Above Medicare Approved Amounts)	\$0	\$0	All costs
BLOOD First 3 pints Next \$226 of Medicare Approved Amounts* Remainder of Medicare Approved Amounts	\$0 \$0 80%	All costs \$0 20%	\$0 \$226 (Part B deductible) \$0
CLINICAL LABORATORY SERVICES – TESTS FOR DIAGNOSTIC SERVICES	100%	\$0	\$0

PARTS A & B

HOME HEALTH CARE MEDICARE APPROVED SERVICES - Medically necessary skilled care services and medical supplies - Durable medical equipment First \$226 of Medicare Approved Amounts* Remainder of Medicare Approved Amounts	100% \$0 80%	\$0 \$0 20%	\$0 \$226 (Part B deductible) \$0
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AMERICAN HERITAGE LIFE INSURANCE COMPANY

1776 American Heritage Life Drive, Jacksonville, FL 32224

PLAN F OR HIGH DEDUCTIBLE PLAN F

MEDICARE (PART A) – HOSPITAL SERVICES – PER BENEFIT PERIOD

* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

** This high deductible plan pays the same benefits as Plan F after one has paid a calendar year \$2700 deductible. Benefits from the high deductible plan F will not begin until out-of-pocket expenses are \$2700. Out-of-pocket expenses for this deductible are expenses that would ordinarily be paid by the policy. This includes the Medicare deductibles for Part A and Part B, but does not include the Plan’s separate foreign travel emergency deductible.

SERVICES	MEDICARE PAYS	AFTER YOU PAY \$2700 DEDUCTIBLE,** PLAN PAYS	YOU PAY
HOSPITALIZATION* Semiprivate room and board, general Nursing and miscellaneous services and Supplies First 60 days 61 st thru 90 th day 91 st day and after: ---While using 60 lifetime reserve days ---Once lifetime reserves days are used: ---Additional 365 days ---Beyond 365 days	All but \$1600 All but \$400 a day All but \$800 a day \$0 \$0	\$1600 (Part A deductible) \$400 a day \$800 a day 100% of Medicare eligible expenses \$0	\$0 \$0 \$0 \$0*** All costs
SKILLED NURSING FACILITY CARE* You must meet Medicare’s requirements, including having been in a hospital for at least 3 days and entered a Medicare-approved facility within 30 days after leaving the hospital First 20 days 21 st thru 100 th day 101 st day and after	All approved amounts All but \$200 a day \$0	\$0 Up to \$200 a day \$0	\$0 \$0 All costs
BLOOD First 3 pints Additional amounts	\$0 100%	3 pints \$0	\$0 \$0
HOSPICE CARE You must meet Medicare’s requirements, including a doctor’s certification of terminal illness	All but very limited copayment/coinsurance for out-patient drugs and inpatient respite care	Medicare copayment/coinsurance	\$0

*** **NOTICE:** When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy’s “core benefits”. During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

AMERICAN HERITAGE LIFE INSURANCE COMPANY

1776 American Heritage Life Drive, Jacksonville, FL 32224

PLAN F OR HIGH DEDUCTIBLE PLAN F

MEDICARE (PART B) - MEDICAL SERVICES - PER CALENDAR YEAR

* Once you have been billed \$226 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

** This high deductible plan pays the same benefits as Plan F after one has paid a calendar year \$2700 deductible. Benefits from the high deductible plan F will not begin until out-of-pocket expenses are \$2700. Out-of-pocket expenses for this deductible are expenses that would ordinarily be paid by the policy. This includes the Medicare deductibles for Part A and Part B, but does not include the Plan's separate foreign travel emergency deductible.

SERVICES	MEDICARE PAYS	AFTER YOU PAY \$2700 DEDUCTIBLE,** PLAN PAYS	YOU PAY
MEDICAL EXPENSES – IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT , such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment, First \$226 of Medicare Approved Amounts* Remainder of Medicare Approved Amounts	\$0 Generally 80%	\$226 (Part B deductible) Generally 20%	\$0 \$0
Part B Excess Charges (Above Medicare Approved Amounts)	\$0	\$100	\$0
BLOOD First 3 pints Next \$226 of Medicare Approved Amounts* Remainder of Medicare Approved Amounts	\$0 \$0 80%	All costs \$226 (Part B deductible) 20%	\$0 \$0 \$0
CLINICAL LABORATORY SERVICES – TESTS FOR DIAGNOSTIC SERVICES	100%	\$0	\$0

AMERICAN HERITAGE LIFE INSURANCE COMPANY

1776 American Heritage Life Drive, Jacksonville, FL 32224

PLAN F OR HIGH DEDUCTIBLE PLAN F (continued)

PARTS A & B

SERVICES	MEDICARE PAYS	AFTER YOU PAY \$2700 DEDUCTIBLE,** PLAN PAYS	YOU PAY
HOME HEALTH CARE MEDICARE APPROVED SERVICES - Medically necessary skilled care services and medical supplies - Durable medical equipment First \$226 of Medicare Approved Amounts* Remainder of Medicare Approved Amounts	100% \$0 80%	\$0 \$226 (Part B deductible) 20%	\$0 \$0 \$0

OTHER BENEFITS – NOT COVERED BY MEDICARE

FOREIGN TRAVEL – NOT COVERED BY MEDICARE Medically necessary emergency care services beginning during the first 60 days of each trip outside the USA First \$250 each calendar year Remainder of charges	\$0 \$0	\$0 80% to a lifetime maximum benefit of \$50,000	\$250 20% and amounts over the \$50,000 lifetime maximum
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AMERICAN HERITAGE LIFE INSURANCE COMPANY

1776 American Heritage Life Drive, Jacksonville, FL 32224

PLAN G

MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skill care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION* Semiprivate room and board, general Nursing and miscellaneous services and Supplies First 60 days	All but \$1600	\$1600 (Part A deductible)	\$0
61 st thru 90 th day	All but \$400 a day	\$400 a day	\$0
91 st day and after: ---While using 60 lifetime reserve days ---Once lifetime reserves days are used: ---Additional 365 days	All but \$800 a day \$0	\$800 a day 100% of Medicare eligible expenses	\$0 \$0**
---Beyond 365 days	\$0	\$0	All costs
SKILLED NURSING FACILITY CARE* You must meet Medicare's requirements, including having been in a hospital for at least 3 days and entered a Medicare-approved facility within 30 days after leaving the hospital First 20 days 21 st thru 100 th day 101 st day and after	All approved amounts All but \$200 a day \$0	\$0 Up to \$200 a day \$0	\$0 \$0 All costs
BLOOD First 3 pints Additional amounts	\$0 100%	3 pints \$0	\$0 \$0
HOSPICE CARE You must meet Medicare's requirements, including a doctor's certification of terminal illness	All but very limited copayment/coinsurance for out-patient drugs and inpatient respite care	Medicare copayment/coinsurance	\$0

**Notice When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

AMERICAN HERITAGE LIFE INSURANCE COMPANY

1776 American Heritage Life Drive, Jacksonville, FL 32224

PLAN G

MEDICARE (PART B) - MEDICAL SERVICES - PER CALENDAR YEAR

* Once you have been billed \$226 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES – IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT , such as Physician’s services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment, First \$226 of Medicare Approved Amounts*	\$0	\$0	\$226 (Unless Part B deductible has been met)
Remainder of Medicare Approved Amounts	Generally 80%	Generally 20%	\$0
Part B Excess Charges (Above Medicare Approved Amounts)	\$0	100%	\$0
BLOOD First 3 pints	\$0	All costs	\$0
Next \$226 of Medicare Approved Amounts*	\$0	\$0	\$226 (Unless Part B deductible has been met)
Remainder of Medicare Approved Amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES – TESTS FOR DIAGNOSTIC SERVICES	100%	\$0	\$0

PARTS A & B

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOME HEALTH CARE MEDICARE APPROVED SERVICES - Medically necessary skilled care services and medical supplies - Durable medical equipment First \$226 of Medicare Approved Amounts*	100%	\$0	\$0
Remainder of Medicare Approved Amounts	80%	20%	\$226 (Unless Part B deductible has been met) \$0

OTHER BENEFITS – NOT COVERED BY MEDICARE

FOREIGN TRAVEL – NOT COVERED BY MEDICARE Medically necessary emergency care services beginning during the first 60 days of each trip outside the USA First \$250 each calendar year Remainder of charges	\$0 \$0	\$0 80% to a lifetime maximum benefit of \$50,000	\$250 20% and amounts over the \$50,000 lifetime maximum
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AMERICAN HERITAGE LIFE INSURANCE COMPANY

1776 American Heritage Life Drive, Jacksonville, FL 32224

PLAN N

MEDICARE (PART A) – HOSPITAL SERVICES – PER BENEFIT PERIOD

* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skill care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION* Semiprivate room and board, general Nursing and miscellaneous services and Supplies First 60 days 61 st thru 90 th day 91 st day and after: ---While using 60 lifetime reserve days ---Once lifetime reserves days are used: ---Additional 365 days ---Beyond the additional 365 days	All but \$1600 All but \$400 a day All but \$800 a day \$0 \$0	\$1600 (Part A deductible) \$400 a day \$800 a day 100% of Medicare eligible expenses \$0	\$0 \$0 \$0 \$0** All costs
SKILLED NURSING FACILITY CARE* You must meet Medicare's requirements, including having been in a hospital for at least 3 days and entered a Medicare-approved facility within 30 days after leaving the hospital First 20 days 21 st thru 100 th day 101 st day and after	All approved amounts All but \$200 a day \$0	\$0 Up to \$200 a day \$0	\$0 \$0 All costs
BLOOD First 3 pints Additional amounts	\$0 100%	3 pints \$0	\$0 \$0
HOSPICE CARE You must meet Medicare's requirements, including a doctor's certification of terminal illness	All but very limited copayment/coinsurance for out-patient drugs and inpatient respite care	Medicare copayment/coinsurance	\$0

**Notice When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

AMERICAN HERITAGE LIFE INSURANCE COMPANY

1776 American Heritage Life Drive, Jacksonville, FL 32224

PLAN N

MEDICARE (PART B) - HOSPITAL SERVICES - PER CALENDAR YEAR

* Once you have been billed \$226 of Medicare approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
<p>MEDICAL EXPENSES – IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT, such as Physician’s services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment, First \$226 of Medicare Approved Amounts* Remainder of Medicare Approved Amounts</p>	<p>\$0 Generally 80%</p>	<p>\$0 Balance, other than up to \$20 per office visit and up to \$50 per emergency room visit. The copayment of up to \$50 is waived if the insured is admitted to any hospital and the emergency visit is covered as a Medicare Part A expense.</p>	<p>\$226 (Part B deductible) Up to \$20 per office and visit and up to \$50 per emergency room visit. The copayment of up to \$50 is waived if the insured is admitted to any hospital and the emergency visit is covered as a Medicare Part A expense.</p>
<p>Part B Excess Charges (Above Medicare Approved Amounts)</p>	<p>\$0</p>	<p>\$0</p>	<p>All costs</p>
<p>BLOOD First 3 pints Next \$226 of Medicare Approved Amounts* Remainder of Medicare Approved Amounts</p>	<p>\$0 \$0 80%</p>	<p>All costs \$0 20%</p>	<p>\$0 \$226 (Part B deductible) \$0</p>
<p>CLINICAL LABORATORY SERVICES – TESTS FOR DIAGNOSTIC SERVICES</p>	<p>100%</p>	<p>\$0</p>	<p>\$0</p>

AMERICAN HERITAGE LIFE INSURANCE COMPANY

1776 American Heritage Life Drive, Jacksonville, FL 32224

PLAN N (continued)

PARTS A & B

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOME HEALTH CARE			
MEDICARE APPROVED SERVICES			
- Medically necessary skilled care services and medical supplies	100%	\$0	\$0
- Durable medical equipment			
First \$226 of Medicare Approved Amounts*	\$0	\$0	\$226 (Part B deductible)
Remainder of Medicare Approved Amounts	80%	20%	\$0

OTHER BENEFITS – NOT COVERED BY MEDICARE

FOREIGN TRAVEL – NOT COVERED BY MEDICARE			
Medically necessary emergency care services beginning during the first 60 days of each trip outside the USA			
First \$250 each calendar year	\$0	\$0	\$250
Remainder of charges	\$0	80% to a lifetime maximum benefit of \$50,000	20% and amounts over the \$50,000 lifetime maximum



Allstate[®]

Benefits

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

EFFECTIVE APRIL 14, 2003

We are required by the privacy regulations issued under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA") to maintain the privacy of our Plan's customers' Protected Health Information and to provide those customers with notice of our legal duties and privacy practices with respect to your Protected Health Information. If your state provides privacy protections that are more stringent than those provided by HIPAA, we will maintain your Protected Health Information in accordance with the more stringent state standard.

This Notice applies to "Protected Health Information" associated with "Health Plans" issued by American Heritage Life Insurance Company.

This Notice describes how we may use and disclose Protected Health Information to perform claims handling, payment, general insurance operations, and for other purposes that are permitted or required by law. Use or disclosure of your Protected Health Information for the purposes described in this Notice may be made in writing, orally, or by electronic means.

We are required to abide by the terms of this Notice. However, we may change the terms of this Notice at any time. If we change this Notice, we may make the new notice terms effective for all of your Protected Health Information that we maintain, including any information we created or received prior to issuing the new notice. If we make a material revision to our Privacy Notice, copies will be sent to you if you are then currently insured under our Plan.

Protected Health Information means information about you that is created or received by us and during the administration of coverage under the Plan, which identifies you or for which there is a reasonable basis to believe the information can be used to identify you and that relates to:

- 1) the past, present or future physical or mental health condition of the individual; or
- 2) the provision of health care to the individual; or
- 3) the past, present or future payment for the provision of health care to the individual.

Uses and Disclosures of Protected Health Information With Your Written Authorization

Except as described in the next section of this Notice, we will not use or disclose your Protected Health Information for any purpose unless you have signed a form authorizing the use or disclosure. You have the right to revoke that authorization in writing at any time, except to the extent that we have already taken action in reliance on the authorization; or the authorization was obtained as a condition of obtaining coverage, to the extent that other law allows the insurer to contest a claim under the policy or the policy itself.

Uses and Disclosures of Protected Health Information Without Your Written Authorization

For Payment. We may make use of and disclose your Protected Health Information without your written authorization as may be necessary for payment purposes. For example, we may use information regarding your medical procedures and treatment to process and pay claims or certify these services are covered under your Plan.

For Plan Administrative Operations. We may make use of and disclose your Protected Health Information without your written authorization as necessary for our Plan administrative operations. Plan administrative operations include our usual business activities, examples of which are management, licensing, peer review, quality improvement and assurance, enrollment, underwriting, reinsurance, compliance, auditing, rating, claims handling, complaint handling and other functions related to your Plan.

To Individuals Involved In Your Care. We may, without your written authorization, for the purposes of treatment, payment or Plan administrative operations, disclose the fact that you are covered under a Plan or that payment has been processed to a family member, other relative, your close personal friend or any other person you may identify. In these circumstances, we would not disclose any Protected Health Information which is not directly relevant to that person's involvement with your care or with payment for your care.

If you have designated a person to receive information regarding payment of the premium or pay premium via credit card, we may inform that person or credit card facility when your premium has not been paid or received by us.

We may also disclose limited Protected Health Information to a public or private entity that is authorized to assist in disaster relief efforts in order for that entity to locate a family member or other persons that may be involved in some aspect of caring for you.

To Our Business Associates. Certain aspects and components of our services are performed through contracts with outside persons or organizations. Examples of these may include, but are not limited to our duly appointed insurance agents, financial auditors, reinsurers, legal services, enrollment and billing services, claim payment and medical management services. We may provide access to your Protected Health Information without your written authorization to one or more of these outside persons or organizations who assist us with payment or Plan administrative operations. We require these business associates to appropriately safeguard the privacy of your information.

To Plan Sponsors. If you are enrolled in a group health plan, we may share summary health information with your employer, union, or other employee organization that sponsors and maintains the group health plan, for purposes of obtaining premium bids; or modifying, amending, or terminating the group health plan; or enrollment and disenrollment information.

For Other Products and Services. We may contact you without your written authorization to provide information regarding Plan upgrades or additional benefits that may be of interest to you. For example, we may use the fact that you currently are insured under a Plan for the purpose of communicating to you about changes to our Plan or products that could enhance or add value to existing coverage.

For Disclosure With Authorization. Unless otherwise excluded in this notice, we will not disclose any other Protected Health Information to any person or entity not specifically mentioned elsewhere in this Notice without your express written authorization.

For Other Uses and Disclosures. We are permitted or required by law to make some other uses and disclosures of your Protected Health Information without your authorization. We may release your Protected Health Information:

- if required by law to a government authorized health oversight agency or company conducting audits, investigations, or civil or criminal proceedings.

- if required to do so by a court or administrative ordered subpoena or discovery request. In most cases you will have notice of such a release.
- for public health activities, such as required reporting of disease, injury, birth and death and for required public health investigations.
- as required by law if we suspect child abuse or neglect or if we believe you to be a victim of abuse, neglect or domestic violence.
- to the Food and Drug Administration if necessary to report adverse events, product defects or to participate in product recalls.
- to law enforcement officials as required by law to report wounds, injuries or crimes.
- to coroners, medical examiners and/or funeral directors consistent with law.
- for a national security or intelligence activity or, if you are a member of the military, as required by the armed forces.
- to workers' compensation agencies or similar programs, established by law, that provide benefits for work-related injuries or illness without regard to fault.

Your Rights

Right to Inspect and Copy Your Protected Health Information. You may have access to our records that contain your Protected Health Information in order to inspect and obtain copies of the records. Under limited circumstances, we may deny you access to a portion of your records. If you desire access to your records, please obtain a record request form from our Privacy Officer and submit the completed form to our Privacy Office. If you request copies, we may charge you copying and mailing costs.

Right to Amend Your Protected Health Information. You have the right to request that we amend your Protected Health Information maintained in our enrollment, payment, claims adjudication and case or medical management records, or other records we use to make decisions about you. If you desire to amend these records, please obtain an amendment request form from our Privacy Officer and submit the completed form to our Privacy Office. We will comply with your request unless special circumstances apply. If your physician or other health care provider created the information that you desire to amend, you should contact the provider to amend the information.

Right to an Accounting of the Disclosures of Your Protected Health Information. Upon request, you may obtain an accounting of certain disclosures of your Protected Health Information made by us on or after April 14, 2003, excluding disclosures made earlier than six years before the date of your request. If you request an accounting more than once during any 12 month period, we will charge you a reasonable fee for the subsequent accounting statements.

Right to Request Confidential Communications. We will accommodate your reasonable request to receive communications of your Protected Health Information from us by alternative means of communication or at alternative locations if the request clearly states that disclosure of that information could endanger you.

Right to Request Restrictions on Use and Disclosure of Your Protected Health Information. You have the right to request restrictions on some of our uses and disclosures of your Protected Health Information to family members and others involved in your care or payment for care; or some of our uses and disclosures used to carry out treatment, payment, or Plan administrative operations, by notifying us of your request for a restriction in writing mailed to the contact identified at the end of this Notice. Your request must describe in detail the restriction you are requesting. We are not required to agree to your restriction request but will attempt to accommodate your requests. We retain the right to terminate an agreed-to restriction. In the event of a termination of an agreed-to restriction by us, we will notify you of

such termination, but the termination will only be effective for Protected Health Information we receive after we have notified you of the termination. You also have the right to terminate any agreed-to restriction by contacting us using the "Contact Information" provided at the end of this Notice.

Personal Representatives. You may exercise your rights through a personal representative who will be required to produce evidence of his or her authority to act on your behalf. Proof of authority may be made by a notarized power of attorney, a court order of appointment of the person as your legal guardian or conservator, or if you are the parent of a minor child. We reserve the right to deny access to your personal representative.

Right to Receive Paper Copy of this Notice. You may obtain a copy of this Notice. You may obtain a paper copy of this Notice even if you agreed to receive such notice electronically. Please contact us and we will mail it to you.

Complaints

If you believe your privacy rights have been violated, you can file a complaint with the Plan or with the Secretary of the U.S. Department of Health and Human Services. To file a complaint with the Plan, send it in writing to the "Contact Information" at the address listed at the end of this Notice. There will be no retaliation for filing a complaint.

You may obtain a copy of this Notice by writing to us at the contact address below.

Contact Information

If you have questions or need further assistance regarding this Notice, you may contact:

Allstate Benefits
Attn: HIPAA Privacy Officer
1776 American Heritage Life Drive
Jacksonville, Florida 32224

Or, you may telephone the Customer Care Center at 1-800-521-3535.